



Full-Time Massage Therapist

Position Description and Application Instructions

Summary:

Current Wellness is seeking a full-time Massage Therapist to provide massage to clients at our wellness center. The ideal candidate will be licensed to provide massage in the state of North Carolina and have a minimum of 2 years experience.

We are searching for an individual who aligns with the mission of our small business, has a passion for inclusive wellness, and will help grow our massage program. Please visit our website <https://currentwellnessraleigh.com/about/> to learn more about our mission, vision, and values to see if you are in alignment before applying.

This is a full-time hourly position with benefits including health insurance reimbursement, two weeks of paid time off per year, flex time, a \$250 yearly stipend for continuing education, and a complimentary membership for fitness and yoga classes. This position will report to the Wellness Center Manager.

Primary Responsibilities:

- Provide 20-24 hours of 60- and 90- sessions tailored to client needs with a minimum availability of 30 hands-on hours per week (24 hours per week will be scheduled and paid at the admin pay rate as base pay and work, regardless of bookings)
- Provide chair massage for outreach events and custom wellness programs
- Create a safe, inclusive, and trauma-informed environment
- Complete session notes and maintain client records
- Support client intake forms, checkout and rescheduling (with assistance from our manager and wellness coordinators)
- Maintain clean, organized treatment rooms
- Collaborate with fitness and yoga staff, as well as other providers when helpful for client care
- Participate in occasional team meetings and community-building special events
- Other duties will be assigned to support the operations of the business depending on bookings such as:
 - Folding laundry
 - Tidying the massage room
 - Marketing, social media, and outreach



Required Education and Skills:

- License to provide massage in the state of North Carolina by the North Carolina Massage Therapy Board, liability insurance, and certifications for area of work.
- Must be friendly, timely, and provide excellent customer service via email, phone, and in-person.
- At least 2 years experience in massage therapy
- American Red Cross First Aid and CPR certification (or equivalent)

Preferred Education and Experience:

- Experience and/or certifications in advanced or specialized massage techniques such as Prenatal Massage, Sports Massage or Deep Tissue.

Compensation:

- Guaranteed pay of a minimum of 24 hours per week at the admin rate while the massage therapist builds their caseload
- Hands-On Rate (in session): \$38–\$48/hour
- Reset/Admin Rate (between sessions): \$18-22/hour
- Plus tips

Health care reimbursement, optional retirement plan with employer-matched contributions, and 10 days of PTO per year

The selected candidate will be required to agree to a non-competition agreement for the period during employment and non-solicitation for the following 6 months after separation.

About Us: Current Wellness is an integrative wellness center offering fitness, yoga, and dance classes, cooking classes and custom wellness programs, as well as appointment-based services including massage, physical therapy, mental health therapy, nutrition therapy, personal training, and more. Our mission is to activate inclusive wellness for mind, body, and community. We align with Health at Every Size® and strive to be inclusive for people of all sizes, races, genders, ages, and identities.

Equal Opportunity Employer:

Current Wellness is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, national origin, religion, sex, gender identity, age, sexual orientation, genetic information, size, status as an individual with a disability, or status as a protected veteran.

Final candidates are subject to criminal, sex offender, and financial background checks.

How to Apply:



Submit a cover letter and resume by April 1, 2026 to info@currentwellnessraleigh.com

For More Information, Please Contact:

Current Wellness

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919-424-8084